11. PARENTING WHEN SEPARATED FOR PARENTS OF SEN CHILDREN - ONLINE PROGRAMME

INFORMATION

MAINTAINED SCHOOLS / ACADEMIES/ MULTI ACADEMY TRUSTS / SCHOOL NURSERIES

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Online support programme for separated parents of children with SEND

Coram Family Lives is offering an **online six-session programme** specifically designed to support separated parents of children with special educational needs and disabilities (SEND). The programme aims to strengthen co-parenting skills and help parents work together to provide the best possible support for their child.

The programme will help parents to better understand the impact of SEND on children and family life, while developing practical strategies to support positive communication and collaboration.

The programme includes:

- understanding special educational needs (SEN) and their impact on children and family dynamics
- effective communication skills
- managing emotions and stress
- collaborative problem solving
- building a supportive network
- creating a more unified parenting approach

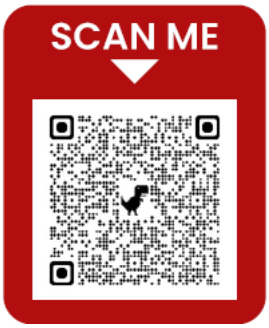
Programme dates and times (daytime sessions)

- **Dates:** Wednesday 22nd April, 29th April, 6th May, 13th May, 20th May and 3rd June 2026
- **Time:** 9.30am–11.30am
- **Platform:** Microsoft Teams

Programme dates and times (evening sessions)

- **Dates:** Thursday 23rd April, 30th April, 7th May, 14th May, 21st May and 4th June 2026
- **Time:** 7.00pm–9.00pm
- **Platform:** Microsoft Teams

How to access the programme

For more information or to make a referral, parents and professionals can:

- scan the QR code on programme publicity
- email **services@coramfamilylives.org.uk**
- call **0204 522 8700** or **0204 522 8699**
- complete the online referral form titled *Parenting when separated for parents of SEN children*